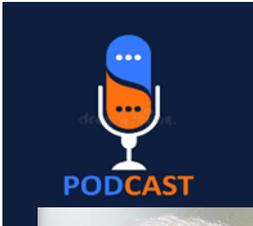




The New Club Times 14 May 2021



Club Talk: Episode 6

'Mummies can tell us a great deal': **Professor Robert Arnott**



Mary Dearden talks to Prof Robert Arnott (Bob) about his early career with the NHS and his noted work on the history and archaeology of medicine. Follow the link to listen:

<http://www.thenewclub.co.uk/club-talk-series>

The New Club Bubble... Recent statistics bear testament to the fact that the Government's very strict measures, endured since December, proved effective and allow the next step on the path to normality. However, we realise only too well that for the Club, greater levels of freedom carry with them ongoing responsibilities. Nothing can be guaranteed 100%, but we strive to ensure that 'The New Club Bubble' is one of the 'Covid-safest' venues in town.

The Club Environment... Here is a reminder of the measures we take to make our Club environment as safe as possible:

- Surfaces are cleaned daily, and also during the day in areas of high usage
- Staff are obliged to wash and sanitise their hands regularly throughout the day
- Fogging sprays, effective for up to a week, are used in high traffic areas
- Face masks and shields are available for purchase.

Understanding the Rules... It is of equal importance that we do our bit to safeguard ourselves and others. Most of us will have had at least one vaccination, but until the next

stage of relaxation (Jun 21) we should still abide by following rules:

- On arrival please either sign in or register your NHS app using the QR code on display
- Sanitise your hands using the sanitiser provided
- Wear a face mask at all times when moving around the Club, unless seated to eat and drink
- Do not order drinks at the bar but please go to your table, where your drinks and food orders will be taken, and your order(s) will be served to your table
- Please remember to wear your mask as soon as you leave your table, for whatever reason
- Do not sit or gather in groups of more than six unless participating in an authorised activity (like pilates and Yoga)
- Maintain social distancing (minimum one metre, but preferably more when you can)
- Follow the one-way system. It is necessary to have two-way traffic in some areas, please try to give way to maintain your social distancing. If you must pass by others, please do not linger
- When making payments, please use cards whenever possible.

It goes without saying, that if you feel ill or are showing any signs of Covid infection, do not come to the Club.

Best menu in town... I promised to publish details of a 'tough to resist' menu to kick off the re-opening of our restaurant. I hope that once you have looked at the attachment, you will share my confidence, and be as keen as I to book a table! Call Lyn 01242 541121, and leave a message, she will call you back to confirm.

Please remember that you must book ahead, with names of all joining you, maximum of six per table.

That's it for now.

Best wishes

Mario